

Easterseals-Goodwill

## caldwell behavioral health staff



**Clinical Supervisor**  
**LINDA ROGERS-PERKINS**  
LCSW

*"I strive to create a therapeutic environment founded in absolute acceptance and in meeting people where they're at."*

**STRENGTHS:**

- Specializes in addiction/mental health/family violence trauma/clinical supervision
- Providing training and mentoring for professional development opportunities for treatment team
- Believes in a combined approach to treatment which uses the adage that "It takes a take a village to raise a child" and applies it to sustaining long-term recovery from the use of alcohol and other drugs
- Experience providing outpatient, residential, and inpatient treatment with co-occurring disordered adults and adolescents as well as working in mental health and the treatment of family violence/maltreatment for the United States Air Force

**CREDENTIALS/TRAINING:**

- Global Appraisal of Individual Needs (GAIN)
- Motivational Interviewing
- Cognitive Behavioral Therapy
- Eye Movement Desensitization and Reprocessing
- Seeking Safety

**EDUCATION:**

- B.S. in Sociology
- B.S. Criminal Justice
- M.A. Social Work

**ON THE PERSONAL SIDE:**

Enjoys spending time with family, and reading



**Lead Clinician**  
**ALMA ELIAS-CRUZ**  
MSW, QSUDPT

*"If I can help even one person, it will make all the difference."*

**STRENGTHS:**

- Over five years' experience working in the mental health field
- Working with children, youth and families
- Specializes in early education
- Case management experience
- Listening skills and great communicator

**CREDENTIALS/TRAINING:**

- CANS certified
- Motivational Interviewing

**EDUCATION:**

- B.S. Sociology-Criminology
- M.A. Social Work

**ON THE PERSONAL SIDE:**

Enjoys spending time with friends and family, traveling, and singing in the car



**Clinician**  
**ARTHUR MCGINN**  
CADC

*"As a person in long-term recovery, it's my passion to share my experience, strength and hope."*

**STRENGTHS:**

- Serving alcoholics and addicts, with knowledge gained from personal and practical experiences
- Over 7 years of experience working in the behavioral health field
- Counseling for those that are in need of change, hope and encouragement
- Empathic, listening skills, I am a born encourager

**CREDENTIALS/TRAINING:**

- Global Appraisal of Individual Needs (GAIN)
- Certified Alcohol and Drug Counselor
- Moral Reconation Therapy
- Early Recovery Skills
- Relapse Prevention

**EDUCATION:**

- B.A. Business Administration

**ON THE PERSONAL SIDE:**

Amateur banjo player, loyal Chicago Cub fan, enjoys beard growing

**Behavioral Health & Family Services is a program of  
Easterseals-Goodwill Northern Rocky Mountain Inc.**

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## Easterseals-Goodwill caldwell behavioral health staff



Clinician  
**JEDIAH DYKSTRA**  
LAMFT

*"I apply systems theory and mindfulness to help clients increase awareness of their thoughts, emotions, behaviors, spirit, and environment."*

**STRENGTHS:**

- Utilizing imagery, metaphors, mindfulness, and genuine meaning to aid clients in cultivating their own internal happiness
- Over 8 years' experience as a behavioral health professional
- Creating a therapeutic environment that provides the client with an authentic experience that empowers them to make satisfying changes to their world

**CREDENTIALS/TRAINING:**

- Global Appraisal of Individual Needs (GAIN)
- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Gottman Method

**EDUCATION:**

- B.A. Psychology
- M.A. Marriage and Family Therapy

**ON THE PERSONAL SIDE:**

Enjoys reading, hiking, backpacking, mountain biking, movies and playing video games



Clinician  
**KAY TILLOTSON**  
LPC

*"I believe in the uniqueness of the individual."*

**STRENGTHS:**

- Thirty years' experience working as a school counselor in the public schools
- Practices active listening and empathy with all ages of client

**CREDENTIALS/TRAINING:**

- Solution-Focused Therapy
- Co-occurring Disorders
- Cognitive Behavioral Interventions

**EDUCATION:**

- B.S. Zoology/Philosophy
- M.Ed. Counseling

**ON THE PERSONAL SIDE:**

Loves playing with her dogs, reading, crocheting, pottery, repurposing furniture, and spending time with her grandchildren.



Case Manager/Clinician  
**TAMMY LAW**  
QSUDPT

*"Life is what happens when you are busy making other plans."*

**STRENGTHS:**

- Working with families experiencing homelessness
- Over 6 years' experience working with adults in the mental health field
- 6+ years of case management experience

**CREDENTIALS/TRAINING:**

- Global Appraisal of Individual Needs (GAIN)
- Gottman Method Level 1
- Eye Movement Desensitization and Reprocessing
- Peer Support Certification

**EDUCATION:**

- B.S. Criminal Justice
- B.S. Psychology
- Minor in Addiction Studies
- M.A. Social Work

**ON THE PERSONAL SIDE:**

Enjoys spending time traveling the world with family and friends.

## Easterseals-Goodwill Behavioral Health mountain home clinical staff



Clinical Supervisor  
**LINDA ROGERS-  
PERKINS**  
LCSW

*"I strive to create a therapeutic environment founded in absolute acceptance and in meeting people where they're at."*

**STRENGTHS:**

- Specializes in addiction/mental health/family violence trauma/clinical supervision
- Providing training and mentoring for professional development opportunities for treatment team
- Believes in a combined approach to treatment which uses the adage that "It takes a take a village to raise a child" and applies it to sustaining long-term recovery from the use of alcohol and other drugs
- Experience providing outpatient, residential, and inpatient treatment with co-occurring disordered adults and adolescents as well as working in mental health and the treatment of family violence/maltreatment for the United States Air Force

**CREDENTIALS/TRAINING:**

- Global Appraisal of Individual Needs (GAIN)
- Motivational Interviewing
- Cognitive Behavioral Therapy
- Eye Movement Desensitization and Reprocessing
- Seeking Safety

**EDUCATION:**

- B.S. Sociology
- B.S. Criminal Justice
- M.A. Social Work

**ON THE PERSONAL SIDE:**

Enjoys spending time with family and reading



Clinician  
**LAURA BURDETTE**  
LPC, NCC

*"I work with you to create an environment in which you feel safe and supported, even during the most challenging times in order to access your full potential."*

**STRENGTHS:**

- Working with individuals with mental health disorders and developmental trauma
- Experience working with children and adolescents in an educational setting
- Utilizing creative arts and mindfulness techniques in order to process emotional material that may be too difficult to discuss using traditional talk therapy

**CREDENTIALS/TRAINING:**

- Acceptance & Commitment Therapy (ACT)
- Child-Centered Play Therapy (CCPT)
- Use of Creative Arts in Therapy
- Sandtray

**EDUCATION:**

- M.A. Counseling

**ON THE PERSONAL SIDE:**

Enjoys reading, crafting and creative projects



Clinician  
**JONATHAN PRICE**  
CADC

*"I've been there too."*

**STRENGTHS:**

- Experience conducting comprehensive case management assessments
- Four years' experience working with youth and young adults
- Worked as a youth pastor and mediator between youth and their families
- Personal experience giving him a greater understanding of how clinicians can impact the lives of the individuals they serve

**CREDENTIALS/TRAINING:**

- Global Appraisal of Individual Needs (GAIN)
- Certified Alcohol and Drug Counselor
- Moral Reconciliation Therapy

**EDUCATION:**

- B.S. Psychology

**ON THE PERSONAL SIDE:**

Enjoys basketball, soccer, fishing, swimming, camping, barbecuing and spending time with family