

Easterseals-Goodwill

caldwell behavioral health staff



Clinical Supervisor
LINDA ROGERS-PERKINS
LCSW

"I strive to create a therapeutic environment founded in absolute acceptance and in meeting people where they're at."

STRENGTHS:

- Specializes in addiction/mental health/family violence trauma/clinical supervision
- Providing training and mentoring for professional development opportunities for treatment team
- Believes in a combined approach to treatment which uses the adage that "It takes a take a village to raise a child" and applies it to sustaining long-term recovery from the use of alcohol and other drugs
- Experience providing outpatient, residential, and inpatient treatment with co-occurring disordered adults and adolescents as well as working in mental health and the treatment of family violence/maltreatment for the United States Air Force

CREDENTIALS/TRAINING:

- Global Appraisal of Individual Needs (GAIN)
- Motivational Interviewing
- Cognitive Behavioral Therapy
- Eye Movement Desensitization and Reprocessing
- Seeking Safety

EDUCATION:

- B.S. in Sociology
- B.S. Criminal Justice
- M.A. Social Work

ON THE PERSONAL SIDE:

Enjoys spending time with family, and reading



Lead Clinician
ALMA ELIAS-CRUZ
MSW, QSUDPT

"If I can help even one person, it will make all the difference."

STRENGTHS:

- Over five years' experience working in the mental health field
- Working with children, youth and families
- Specializes in early education
- Case management experience
- Listening skills and great communicator

CREDENTIALS/TRAINING:

- CANS certified
- Motivational Interviewing

EDUCATION:

- B.S. Sociology-Criminology
- M.A. Social Work

ON THE PERSONAL SIDE:

Enjoys spending time with friends and family, traveling, and singing in the car



Clinician
ARTHUR MCGINN
CADC

"As a person in long-term recovery, it's my passion to share my experience, strength and hope."

STRENGTHS:

- Serving alcoholics and addicts, with knowledge gained from personal and practical experiences
- Over 7 years of experience working in the behavioral health field
- Counseling for those that are in need of change, hope and encouragement
- Empathic, listening skills, I am a born encourager

CREDENTIALS/TRAINING:

- Global Appraisal of Individual Needs (GAIN)
- Certified Alcohol and Drug Counselor
- Moral Reconation Therapy
- Early Recovery Skills
- Relapse Prevention

EDUCATION:

- B.A. Business Administration

ON THE PERSONAL SIDE:

Amateur banjo player, loyal Chicago Cub fan, enjoys beard growing

**Behavioral Health & Family Services is a program of
Easterseals-Goodwill Northern Rocky Mountain Inc.**

510 Arthur Street, Suite B
Caldwell, Idaho 83605 • 208-454-8555

Easterseals-Goodwill caldwell behavioral health staff



Clinician
JEDIAH DYKSTRA
LAMFT

"I apply systems theory and mindfulness to help clients increase awareness of their thoughts, emotions, behaviors, spirit, and environment."

STRENGTHS:

- Utilizing imagery, metaphors, mindfulness, and genuine meaning to aid clients in cultivating their own internal happiness
- Over 8 years' experience as a behavioral health professional
- Creating a therapeutic environment that provides the client with an authentic experience that empowers them to make satisfying changes to their world

CREDENTIALS/TRAINING:

- Global Appraisal of Individual Needs (GAIN)
- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Gottman Method

EDUCATION:

- B.A. Psychology
- M.A. Marriage and Family Therapy

ON THE PERSONAL SIDE:

Enjoys reading, hiking, backpacking, mountain biking, movies and playing video games



Clinician
KAY TILLOTSON
LPC

"I believe in the uniqueness of the individual."

STRENGTHS:

- Thirty years' experience working as a school counselor in the public schools
- Practices active listening and empathy with all ages of client

CREDENTIALS/TRAINING:

- Solution-Focused Therapy
- Co-occurring Disorders
- Cognitive Behavioral Interventions

EDUCATION:

- B.S. Zoology/Philosophy
- M.Ed. Counseling

ON THE PERSONAL SIDE:

Loves playing with her dogs, reading, crocheting, pottery, repurposing furniture, and spending time with her grandchildren.



Case Manager/Clinician
TAMMY LAW
QSUDPT

"Life is what happens when you are busy making other plans."

STRENGTHS:

- Working with families experiencing homelessness
- Over 6 years' experience working with adults in the mental health field
- 6+ years of case management experience

CREDENTIALS/TRAINING:

- Global Appraisal of Individual Needs (GAIN)
- Gottman Method Level 1
- Eye Movement Desensitization and Reprocessing
- Peer Support Certification

EDUCATION:

- B.S. Criminal Justice
- B.S. Psychology
- Minor in Addiction Studies
- M.A. Social Work

ON THE PERSONAL SIDE:

Enjoys spending time traveling the world with family and friends.

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Easterseals-Goodwill Behavioral Health mountain home clinical staff



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- Eye Movement Desensitization and Reprocessing
- Seeking Safety

EDUCATION:

- B.S. Sociology
- B.S. Criminal Justice
- M.A. Social Work

ON THE PERSONAL SIDE:

Enjoys spending time with family and reading



Clinician
LAURA BURDETTE
LPC, NCC

"I work with you to create an environment in which you feel safe and supported, even during the most challenging times in order to access your full potential."

STRENGTHS:

- Working with individuals with mental health disorders and developmental trauma
- Experience working with children and adolescents in an educational setting
- Utilizing creative arts and mindfulness techniques in order to process emotional material that may be too difficult to discuss using traditional talk therapy

CREDENTIALS/TRAINING:

- Acceptance & Commitment Therapy (ACT)
- Child-Centered Play Therapy (CCPT)
- Use of Creative Arts in Therapy
- Sandtray

EDUCATION:

- M.A. Counseling

ON THE PERSONAL SIDE:

Enjoys reading, crafting and creative projects



Case Manager
JONATHAN PRICE

"I've been there too."

STRENGTHS:

- Experience conducting comprehensive case management assessments
- Four years' experience working with youth and young adults
- Worked as a youth pastor and mediator between youth and their families
- Personal experience giving him a greater understanding of how clinicians can impact the lives of the individuals they serve

CREDENTIALS/TRAINING:

- Working towards Idaho Student of Addictive Studies certification

EDUCATION:

- B.S. Psychology

ON THE PERSONAL SIDE:

Enjoys basketball, soccer, fishing, swimming, camping, barbequing and spending time with family