Mealtime Misery
DEMYSTIFIED
For Children Ages 3-6

Make Mealtimes More Fun • Increase New Food Acceptance

We’re offering this 6-week feeding group to help families and preschool age children increase tolerance and acceptance of a wider variety of foods.

Combining sensory strategies, oral motor skill growth and fun, this class is designed to make food exploration and meals an enjoyable experience for everyone at the table.

This is the group for you if:

• Your child is a very picky eater
• Your child has a strong preference or resistance to certain textures or tastes
• You are tired of a power struggle at the table and want meals to be a positive experience
• You are looking for strategies to help your child eat a wider variety of foods

Dates: March 5th-April 9th
Time: Tuesdays, 4:30-5:30 PM
Location: Easterseals-Goodwill Provo Early Intervention 1185 E 300 N in Provo

Cost is $65 to cover supplies

To register your child call Janet Wade at 801-633-2091 or email janetw@esgw.org