

our mission

Together we create opportunities
that change lives.



family therapy services

1140 American Legion Blvd.
Mountain Home, ID 83647 • 208-580-5431

510 Arthur Street, Suite B
Caldwell, Idaho 83605 • 208-454-8555

www.esgw.org

Get your family moving in a new direction.

We'll help you identify and address
real issues and get your life and family
relationships moving in a new and
positive direction.

Español

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (208)454-8555 (TTY: 711).

繁體中文

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 (208)454-8555 (TTY: 711)。



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Our caring, professional staff is ready to help your family begin your healing journey today.

What is Family Therapy?

Easterseals-Goodwill's Family Therapy provides therapeutic services for families and couples that are designed to strengthen relationships, resolve family problems and address challenging issues that cause problems with family members.

Our certified family therapists help families release themselves from experiences that have caused anxiety, depression, pain and other behavioral problems which have led to miscommunication, disconnections and issues within the family.

How Can Family Therapy Make a Difference?

Family therapy promotes wellness within the family and works to strengthen the entire family unit.

We offer a sliding fee scale based on income and family size. No one will be denied services due to the inability to pay. Please contact either office location for pricing information.

Our certified family therapists utilize techniques designed to help families:

- Improve communication
- Address behavioral issues and identify unhealthy behaviors
- Adjust to reunification
- Develop healthy parenting skills
- Understand and address blended family issues
- Heal the trauma and impact of family violence
- Manage difficulties caused by mental illness and substance abuse
- Rebuild trust
- Manage stress

How Long Will It Take

Twelve sessions on average. Family therapy is effective at treating affective disorder, alcoholism and drug abuse, conduct disorders, depression, anxiety, eating disorders, and relational distress and conflict.

