



adolescent services

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our mission

Together we create opportunities
that change lives.

Español
ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (208)454-8555 (TTY: 711).

繁體中文
注意：如果您使用繁體中文，您可以免費獲得語言援助服務。
請致電 (208)454-8555 (TTY: 711).



Helping Teens Move Their Lives in a New Direction

We look forward to joining adolescents in their recovery process. As they work through the active treatment process our caring professional staff is by their side at every step to help ensure progress and success.

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Our caring, professional staff is ready to help you
start your recovery journey today.

Adolescent Services

Easterseals-Goodwill's Adolescent Services are designed specifically to treat teens who are struggling with mental health disorders, behavioral problems and substance use.

Our treatment staff is comprised of a multi-disciplinary team of licensed social workers, licensed counselors, certified alcohol and drug counselors and case managers who are trained to work with adolescents using evidence-based programing and treatment modalities.

Who's at Risk

Adolescents who are at risk for substance abuse may display the following:

- Aggression, opposition, non-compliance
- Depression, social withdrawal, worrying, and anxiety
- Low self-esteem
- Poor anger control and impulsivity
- Social skills deficits

Our Program

Our experienced integrated treatment specialists are trained to treat both substance use and mental health disorders. The adolescent program ensures customized services, tailored to the unique needs of each person.

Therapists use evidence-based programing designed for working with adolescents:

- **Matrix Model for Teens and Young Adults** utilizes a variety of therapeutic modalities which help establish and maintain long term recovery from substance abuse.
- **Dialectical Behavioral Therapy (DBT)** used to treat addictions, emotional instability which includes self-harm and suicidal ideation. Teaching adolescents to understand and regulate their emotions without judgement allows for changing behaviors to make their lives better.
- **Motivational Enhancement Therapy** is a short-term approach used to help teens discover that there is a problem with substance abuse, explore what to do about it, and begin to take action.
- **Acceptance and Commitment Therapy (ACT)** teaches teens to be present in the moment and begin to align their behaviors with their chosen values.

Our Services

- Assessment
- Customized treatment planning
- Case management
- Evidence-based individual and group therapy
- Individual and family counseling
- Mental health treatment
- Drug and alcohol treatment
- Co-occurring treatment
- Aftercare groups
- Anger management classes
- Parenting classes

Accepted Payment Methods:

Payments can be made with cash, debit/credit card, Medicaid or through state/federal funding. We offer a sliding fee scale based on income and family size. No one will be denied services due to the inability to pay. Please contact either office location for pricing information.

